



Solidairement | Sisters
consœurs | in Solidarity



Theme: Care, Courage, and Collective Action
Focus on caregiving, workplace justice and activism.

Women's Conference 2026

FIRST CALL NOTICE!

Registration starts at 12pm on December 6, 2026

Plenary start at 3pm on December 6, 2026

Conference ends at 12pm on December 9, 2026

Sheraton Centre Toronto

123 Queen Street West, Toronto

Hotel Guest Room Fee: \$349.00

Hotel room rate is subject to tax and fee per room.

Guest room reservations are to be made through W.E Union Travel by November 10, 2026

Phone: 1(833) 778-9669

[Mention **WOMEN'S CONFERENCE** when booking your room(s)]

Guestroom booking link: www.weuniontravel.ca

Registration Fee:

*On-line registration will be closed on November 25, 2026

Affiliates:	\$350.00 (\$400 after cut-off date on November 6, 2026)
Non-Affiliates:	\$450.00 (\$500 after cut-off date on November 6, 2026)

If you require French translation, ASL interpretation, childcare services, or any other accessibility accommodations, please submit your request by filing out the access request form by November 6, 2026.
(The link to the access request form can be found in your confirmation email.)

[Click HERE to Register](#)

***No refunds or cancellations will be available after November 25, 2026**
All payment must be received by December 6, 2026, otherwise a \$100 late payment fee will apply to each delegate.

EDUCATION WORKSHOP

Education Day is scheduled for Tuesday, December 8, 2026.

Morning and Afternoon Workshop

Please choose one workshop in the morning, one workshop in the afternoon.

Morning 9:00 am – 12:00 pm

Afternoon 1:30 pm – 4:30 pm

Preventing Mental Injuries at Work - 80 participant spots

New forms of work, job insecurity, work intensification, high demands, violence and a resulting poor work-life balance are resulting in psychosocial and mental health problems in CUPE workplaces. This module focuses on the workplace as the cause or a contributor to mental health issues, and not the individual. Discuss strategies and actions that actually help make workplaces psychologically healthier and safer.

H&S- Workload and Overwork - 60 participant spots

As employers pull back resources, they expect workers to do more with less. This module will examine workload, the cause and effects of overwork, and strategies to overcome the ever-increasing workload that is damaging not just our health at work, but the relationship we have outside of work.

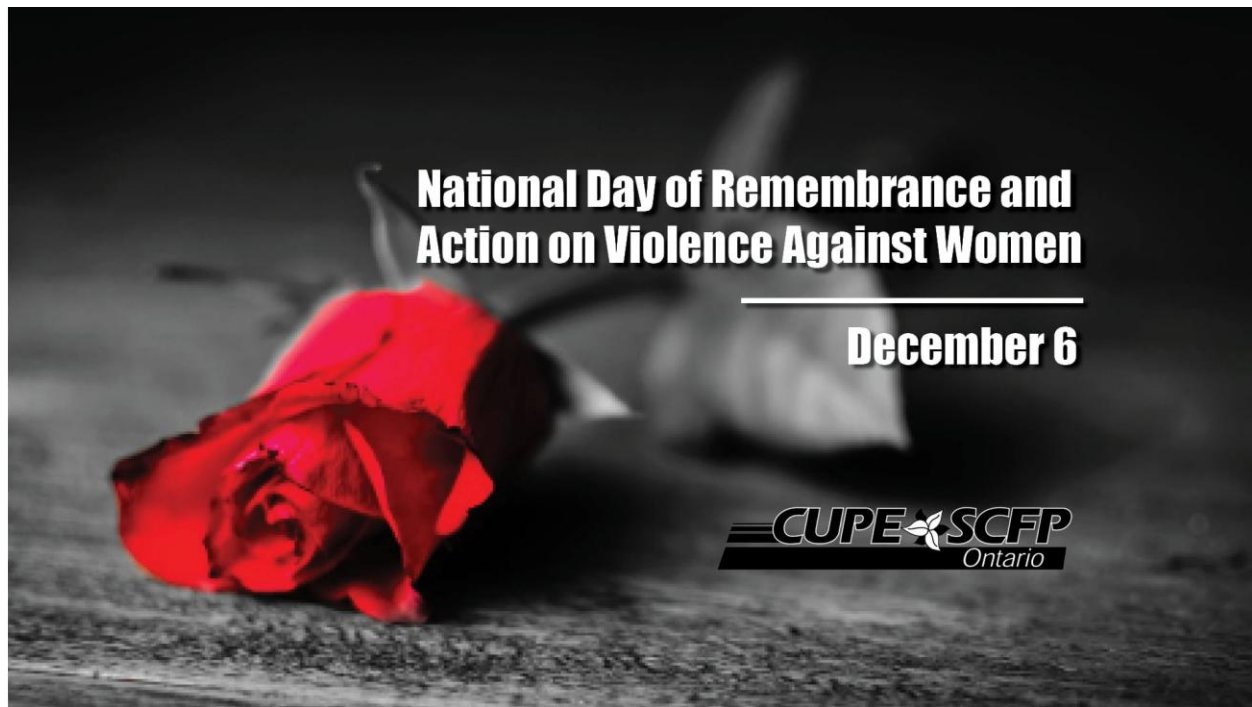
Sexual Violence and Harassment at Work - 60 participant spots

This workshop will help participants:

- Recognize sexual harassment and sexual violence.
- Understand the impact of sexual violence and harassment on workers.
- Know our rights, roles and responsibilities.
- Practice how to address sexual violence as an active bystander.
- Learn how to deal with and prevent sexual violence and harassment.

Anti-Harassment and Bystander Training - 60 participant spots

When we are disrespected in our union, or when harm, harassment, and discrimination happen we are unsafe. We would not accept it from our supervisors and managers at work, and it is not ok in our union space. When we witness others being harmed, oppressed or injured, we can intervene in safe and effective ways before, during, or after a harassing or violent situation.



Join us on **December 6 at 6:00 p.m.** as we participate in a **candlelight vigil at Philosopher's Walk** to commemorate the **1989 École Polytechnique massacre** and honour the 14 women who lost their lives.

Let's remember, reflect, and stand together against gender-based violence.

Bus transportation will be provided from the hotel.

Please select **"YES"** on the conference registration form if you plan to attend.