

# HEALTH & SAFETY INJURED WORKERS ADVOCACY COMMITTEE CONFERENCE 2024

Start Date/Time: Monday, October 21st, 2024, at 3:30pm

End Date/Time: Friday, October 25<sup>th</sup>, 2024, at 12:00pm

## **Sheraton Parkway Hotel**

600 Highway 7 East, Richmond Hill, L4B 1B2

### Hotel Guest Room Fee: \$199 Best Western | \$229 Sheraton

Hotel room rate is subject to tax and fee per room. Guest room reservations are to be made through W.E Union Travel by September 26<sup>th</sup>, 2024. Phone: 1(833) 778-9669 [Mention IW & HS Conference when booking your room(s)] Guestroom booking link: www.weuniontravel.ca

## **Registration Fee:**

\*On-line registration will be closed 5 business days prior to the conference

Affiliates:	\$350 by September 21 <sup>st</sup> , 2024, after cut-off date \$400
Non-Affiliates:	\$450 by September 21 <sup>st</sup> , 2024, after cut-off date \$500

If you require French translation, ASL interpretation, childcare services, or any other accessibility accommodations, please submit your request by filing out the access request form by July 21, 2024. (The link to the access request form can be found in your confirmation email.)

# **Click HERE to Register**

\*No refunds or cancellations will be available after October 14<sup>th</sup>, 2024 \*Full payment must be received by October 21<sup>st</sup>, 2024, otherwise a late fee of \$100 will be applied to each delegate.



Workshops are scheduled for the entire day on Wednesday, October 23<sup>rd</sup>, 2024. You will be able to select two workshops, one in the morning and one in the afternoon. A registration link for the workshops will be sent to each delegate's email, after they've been registered.

## INJURED WORKERS ADVOCACY WORKSHOP DESCRIPTIONS

#### 1. WSIB 101 (Prevention Link) – 35 Spots

This workshop introduces participants to the compensation system in Ontario, the history and principles of compensation legislation and third-party rights of action. Key definitions within the system are described, including worker, employer, accident, disablement, recurrence, secondary injuries, aggravation, occupational disease, stress and chronic pain.

#### 2. Creating accommodation-friendly workplaces (CUPE) - 35 Spots

Learn the legal framework for the duty to accommodate, what a good accommodation process and plan look like, and what to do if the employer is not willing to provide reasonable accommodation.

#### 3. Mental Health 101 (Prevention Link) – 35 Spots

Mental illness is a leading cause of disability in Canada, yet stigma around the topic is a key reason why many people don't talk about mental illness in their workplaces.

This workshop is your opportunity to become better informed and explore communication strategies in order to promote a greater understanding of occupational mental health and illness.

The workshop includes a demonstration of Mindsight, an online educational resource to reduce stigma by promoting awareness and facilitating a greater understanding of basic strategies and resources for supporting individuals experiencing a mental health challenge.

#### 4. WSIB - Return to Work (Prevention Link) – 35 Spots

This workshop provides participants with the tools to develop strategies to assist workers with disabilities, individually and collectively; and return them to long term healthy and productive employment. The workshop will review noteworthy case law and Human Rights legislation.

#### 5. Disability and Ableism in the Workplace – 25 Spots

Explore what ableism is, how to recognize it, and ways to address it. Learn about how to make your workplace and union accessible to workers with visible and invisible disabilities.



## **HEALTH & SAFETY WORKSHOP DESCRIPTIONS**

#### 1. Critical Incident and PTSD (WHSC) - 25 Spots

The workshop "Critical Incident and Post Traumatic Stress" explains causes, effects and symptoms of Critical Incident Stress (CIS) and Post Traumatic Stress Disorder (PTSD). Strategies and controls to eliminate situations which cause these disorders, and to handle them when they do occur, are extensively discussed.

#### 2. Ontario H&S Safety Law (WHSC) - 25 Spots

This three-hour workshop is an introductory training session to the Ontario Occupational Health and Safety Act. The session covers the history of health and safety legislation in Ontario, the rights and responsibilities of the workplace parties and the enforcement of the Act. As well the procedures for work refusals and work stoppages are outlined. An emphasis on due diligence, the internal responsibility system and the duties of the joint health and safety committee is stressed during the session to ensure that those individuals with duties under the Act understand their roles in improving health and safety in their workplace.

#### 3. Preventing Mental Injuries at Work (CUPE) - 35 Spots

New forms of work, job insecurity, work intensification, high demands, violence and a resulting poor work-life balance are resulting in psychosocial and mental health problems in CUPE workplaces. This module focuses on the workplace as the cause or a contributor to mental health issues, and not the individual. Discuss strategies and actions that actually help make workplaces psychologically healthier and safer.

#### 4. Workload and Overwork (CUPE) - 35 Spots

As employers pull back resources, they expect workers to do more with less. This module will examine workload, the cause and effects of overwork, and strategies to overcome the ever-increasing workload that is damaging not just our health at work, but the relationship we have outside of work.

#### 5. Workplace Violence Incident Response - 50 Spots

Violence is one of the most common health and safety hazards. Work-related violence policy and programs often contain gaps which Joint Health and Safety Committees are not effectively addressing. Most often this is related to gaps in the health and safety program that maintains the JHSC and that is contained in the Terms of Reference.

This workshop is designed to provide participants with the skills to identify the gaps in the occupational health and safety system with respect to work-related violence.

Note: workshop participants who bring a copy of the work-related violence policy and program and terms of reference documents will have a customized review of the Terms of Reference and work-related violence policy and program for their workplace, a list of identified gaps, and a strategic plan to address them.