

KALEB DAHLGREN



BIOGRAPHY

Diabetes & Mental Health
Advocate | Student-Athlete, York
University | Humboldt Bus Crash
Survivor

From a young age, Kaleb had no choice but to be resilient. His hockey career was threatened before it started by a diagnosis of Type 1 diabetes at 4 years old. Yet Kaleb proved his doctors and coaches wrong by going on to play hockey at an elite level. During his career, he played for the Humboldt Broncos - a team that made national news when their bus collided with a transport truck. The accident took away 16 lives and left only 13 survivors, many of them with lifelong injuries.

Kaleb is one of the survivors.

Once he recovered, Kaleb returned to the ice to play for York University's varsity hockey team. While at York, he earned a Bachelor of Commerce degree graduating as Valedictorian, Magna Cum Laude, and Varsity Athletics Male Graduate of the Year in April 2021. Currently, Kaleb is studying to become a Doctor of Chiropractic.

Kaleb is dedicated to helping others, whether that's through sharing his story or through his community volunteer work. He is the founder of Dahlgren's Diabeauties, a mentorship program designed in 2017 to give back to children with Type 1 diabetes. Through this program, he is able to raise awareness, support, and guidance to his community of Diabeauties. Kaleb is also the recipient of: the Canadian Volunteer Award for Emerging Leader of the Prairies, National JDRF Young Volunteer of the Year award, and dozens of other accolades for his community service.